

# TNI Newsletter

## Featuring this week on Nunavimiut: Diabetes In Nunavik

**T**une in on to APTN on Tuesday for Nunavimiut program on Diabetes in Nunavik.

A disease that was foreign to the north but now is becoming quite wide spread. With the southern influence on a northern lifestyle, some Inuit are now faced with Diabetes. Follow Markusie Kenuajuaq as he explains how he was diagnosed with Diabetes and how he had to drastically change his living and eating habits in order to cope with this disease. He shows that it is possible to turn your life around regardless of the hurdles you must face.

The show will be broadcast four times during the day on February 17th 2004. You could watch it at 11:00am, at 2:00pm, at 6:00pm, or at 11:00pm eastern time.

So tune in for an episode filled with

important information!

### Computer Technology

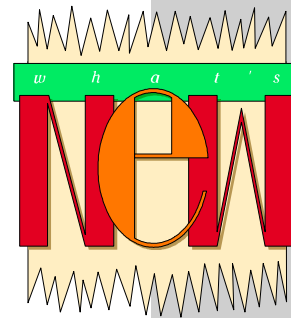
KSB's computer Technology Course Schedule is out. This course is for beginners, and is intended for people to learn more about different programs such as Word, Excel, Access, PowerPoint, FilemakerPro, the Internet and more. These are the dates when the course will be taught in you communities:

Puvirnituaq - March 3 th March 18  
Salluit - May 4 to May 14  
Kuujuuaq - May18 to May 30

If you are interested in taking this course, contact your supervisor and he /she will make the necessary arrangements for you.

### Happening @ TNI this week

Claude Grenier and Janet York will both be taking a week off from work. They will be back in the office on March 8th.



The Salluit office has a functional computer now! Their computer wasn't working for a while, and since they didn't have a functional computer, they

didn't have access to the internet. But now that their computer is fixed, they have access to the internet, so they are able to send and receive e-mails.

Dominique Guay will be going to all the communities on the Ungava coast to visit the Local FM stations. He will be starting with Kangirsullujuaq, and finishing in Kangirsujuaq. He is leaving on Monday.